

### SENIOR COALITION OF STANISLAUS COUNTY

# May 25, 2021 | Virtual Meeting

## **Members Present:**

Dianna Olsen & Jessica Enes - Healthy Aging Association, Carmen Garcia - California Phones, Tiffany Leijten and Linda Lowe - Aging and Veterans Services, Gina Ines & Jose Michel - Community Services Agency, Tim Stevens - Home Safety Services, Channa King - Society for Disabilities, Cindy Starsiak - Visiting Angels, Denise Davis - Alzheimer's Association, Ken Hanigan - Commission on Aging, Angela Swanson, MAX | MADAR, Diana Galván - Valley Caregiver Resource Center (VCRC), Janice Herring - CSU Stanislaus Kinesiology Department, Yee Vue, program manager from Valley Caregiver Resource Center, Katie Jaycox (Rep. Harder's Office), Ouralia Delgado - Vintage Faire Nursing and Rehabilitation

# Facilitator:

Jessica Enes, Healthy Aging Association

Agenda Item	Discussion	Outcome/Action
Welcome and Introductions	Jessica facilitated introductions. Participants introduced themselves.	

New Business		
Senior Rally Day Recap	Dianna told the group about the topics discussed during Senior Rally Day which included the Master Plan for Aging, the Governor's Budget and the COVID-19 pandemic. During Senior Rally Day there were technical problems with the host (California Collaborative) causing the Affordable Housing session to be shorter than expected.	
Advocacy Day Recap	Senior Coalition members met on May 5, 2021 with representatives from Senator Susan Eggman's office, Asm Adam Gray's office and Asm Health Flora's office. The meeting with staff from Senator Anna Caballero's office was rescheduled. Discussed topics regarding current Stanislaus County needs, AB 695, Assisted Living Waiver, SB 281, and IHSS training and caregiving needs. California Collaborative set all virtual meetings with legislators.	
Master Plan for Aging Event	This event is scheduled for August 24, 2021. At this event we will be inviting community leaders to speak on the Master Plan for Aging topics and providing an opportunity for community members to engage in conversation. A small committee is working on the planning of this virtual event.	https://www.seniorcoalitionofs tanislaus.org/httpswwwsenior coalitionofstanislausorg/engag ing-stanislaus-a-master-plan-f or-aging-event

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Fall Prevention Services and Programs				
A Matter of Balance - Virtual (MOB-V)	Healthy Aging Association just completed the A Matter of Balance program virtually on Zoom. Interested individuals can call to be added to the A Matter of Balance waitlist for in person or virtual classes. This program meets in small groups to discuss concerns about falling and ways to prevent future falls.	Call Healthy Aging Association at (209)525-4670		
Dignity At Home, Fall Prevention Program	This program is currently taking referrals for individuals who are in need of a home assessment, fall prevention education and injury prevention accessories. Home Safety Services has assisted Healthy Aging Association in completing home assessments and installments through the pandemic.	To get pre-screened for the program call (209)558-8698.		
Wellness Wednesdays	Wellness Wednesdays are going to happen virtually on Zoom once a month with Health Educator, Kylie Wyeth. There will be different topics each month relating to fall prevention. Dr. Bob McGrew will attend every other one as a guest speaker.	If you are interested in joining please email us at healthy.aging2000@gmail.com		

Other Business	Discussion	Outcome/Action
COVID Vaccine	Healthy Aging Association is bringing on 2 outreach individuals to reach older adults in	www.schsa.org/coronavirus/
Update	senior housing who are in need of receiving the COVID-19 vaccine. Stanislaus County is	vaccine
	working to do mobile clinics to make sure these individuals have access to the vaccine.	https://myturn.ca.gov/
	Transportation is a challenge for many individuals to get to the COVID-19 vaccine sites.	

# **Agency Sharing:**

- Channa King Society for DisAbilities Medical equipment available for loan and preparing for Gala event on August 28th, 2021.
- Gina Innes APS Looking fo rIHSS caregivers and IHSS advisory committee members.
- Jose Michel APS Updates soon regarding more funding for APS, June 15th is World Elder Abuse Awareness Day
- Carmen Garcia CA Phones Offering upcoming Lunch & Learns and smartphone training.
- Denise Davis Alzheimer's Assoc. Caregiver support groups, helpline and Walk to End Alzheimer's
- Diana Galván -(VCRC) Education, support groups and respite support for caregivers.
- Jessica Enes HAA Online Young at Heart Strength Training classes and Tai Chi for Arthritis & Fall Prevention available on Zoom.
- Katie Jaycox (Rep. Harder's Office) El Rematito Flea Market Vaccine Clinic May 29th and May 30th

Next Meeting: June 22, 2021 at 2:30 pm Virtual Meeting