



SENIOR COALITION OF STANISLAUS COUNTY

June 22, 2021| Virtual Meeting

Members Present:

Dianna Olsen & Jessica Enes - Healthy Aging Association, Carmen Garcia - California Phones, Tiffany Leijten, Kim Delucchi, & Linda Lowe - Aging and Veterans-Services, Gina Innes - CSA Adult Services, Tim Stevens - Home Safety Services, Channa King - Society for Disabilities, Cindy Starsiak - Visiting Angels, Denise Davis - Alzheimer’s Association, Angela Swanson, MAX | MADAR, Diana Galván - Valley Caregiver Resource Center (VCRC), Janice Herring - CSU Stanislaus Department of Kinesiology and Public Health Promotion, Jeanette Johnson - Valley Capital Advisors, Annah Jarin-Bratton - Kaiser Permanente, Beverly Ballam - Ombudsman, Susana Diaz - First Behavioral Health Urgent Care Center, Michelle Donaldson - SEVA Hospice, Gabrielle Nash - Ralston Tower, Maria Profeta - HICAP

Facilitator:

Jessica Enes,
Healthy Aging
Association

Agenda Item	Discussion	Outcome/Action
Welcome and Introductions	<i>Jessica facilitated introductions. Participants introduced themselves.</i>	

New Business

Master Plan for Aging Event	This event is scheduled for August 24, 2021. Currently working to secure speakers for the virtual event which will be held on Zoom. Asked the group who could share the save the date and registration information on social media and/or their website - Michelle D., Diana G, Tim S., Janice H., Denise D., and Tiffany L offered to post the save the date. Attendees can register by scanning the QR code on the save the date. Asked if anyone could assist with closed captions for Zoom to have accessibility resources for attendees - Janice H. and Maria P. provided information. This event targets not just organizations involved in older adult services but also older adults throughout the community can attend the event. From the Master Plan for Aging this event will focus on Affordable Housing and Caregiving That Works. Reviewed current data for Stanislaus County from “The Face of Senior Citizens”.	https://www.seniorcoalitionofstanislaus.org/httpswwwseniorcoalitionofstanislausorg/engaging-stanislaus-a-master-plan-for-aging-event https://www.seniorcoalitionofstanislaus.org/httpswwwseniorcoalitionofstanislausorg/the-face-of-senior-citizens-stanislaus-county-2021
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Fall Prevention Services and Programs

Dignity At Home, Fall Prevention Program	Reviewed guidelines of the Dignity At Home, Fall Prevention Program - individuals must be 60 years old or disabled, had a fall or at risk for falling, meet a monthly income requirement (see brochure) and are fully vaccinated from COVID-19. This program is currently taking	To get pre-screened for the program call (209)558-8698. For more info visit: https://www.healthyagingassociation.org/dignity-at-home.html
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	referrals for individuals who are in need of a home assessment, fall prevention education and injury prevention accessories.	
Wellness Wednesdays	The next Wellness Wednesday, Focus on Fall Prevention is going to happen virtually on Zoom on June 30th at 2:00pm with Health Educator, Kylie Wyeth. This month the topic will focus on fall prevention and the importance of exercise. There will be different topics each month relating to fall prevention. Dr. Bob McGrew will attend every other session as a guest speaker.	If you are interested in joining please email us at healthy.aging2000@gmail.com
Other Business	Discussion	Outcome/Action
COVID Vaccine Update	2 outreach workers from Healthy Aging Association have begun going out to low income senior housing in Oakdale to assist those in need of receiving the COVID-19 vaccine. Outreach workers are planning to go to Waterford or Riverbank next to assist older adults in receiving the COVID-19 vaccine. For shut-ins and homebound seniors a Public Health nurse can come to their home.	www.schsa.org/coronavirus/vaccine https://myturn.ca.gov/

Agency Sharing:

- Channa King - Society for DisAbilities - Medical equipment available for loan and preparing for Gala event on August 28th, 2021.
- Tiffany Leijten - Aging and Veteran Services - SOS meeting on July 12th will be virtual.
- Kim Delucchi - Aging and Veteran Services - Commission on Aging and Veterans Advisory Committee meetings to be in person in August.
- Linda Lowe - AAA is open for services and appointments. Looking for sponsors for the Alzheimer’s Walk. Selling tickets for dinner at Cool Hand Luke’s to raise money for the Alzheimer’s Walk. Contact Linda for more information 209-496-3937.
- Michelle Donaldson - SEVA Hospice - SEVA Hospice is offering grief support groups on Zoom.
- Jeanette Johnson - Valley Capital Advisors - Special enrollment period for those with Medicare.
- Gina Innes - APS - Looking for IHSS caregivers and IHSS advisory committee members.
- Carmen Garcia - CA Phones - Offering upcoming Lunch & Learns and smartphone training.
- Denise Davis - Alzheimer’s Assoc. - Caregiver support groups and education classes, Walk to End Alzheimer’s on September 18th.
- Diana Galván (VCRC)-Support groups, respite solutions for caregivers, and legal support available. Services for those with cognitive impairments.
- Jessica Enes - HAA - Online Young at Heart Strength Training classes and Tai Chi for Arthritis & Fall Prevention available on Zoom.
- Angela Swanson - MAX/MADAR are combining to become Stanislaus Regional Transit. Free fares for the month of July on set routes.
- Gabrielle Nash - Ralston Tower - Adults 62 and older can get on the waitlist for Ralston Tower (2 year waitlist).
- Tim Stevens - Home Safety Services - Now hiring technicians and installers. Contact Tim at tim@homesafety.net
- Maria Profeta - HICAP - Currently training Medicare counselors. Special election program for low-moderate income individuals. Programs available for those with Medicare Part B and medication costs.

Next Meeting: July 27, 2021 at 2:30 pm Virtual Meeting