



SENIOR COALITION OF STANISLAUS COUNTY

February 23, 2021| Virtual Meeting

Members Present:

Dianna Olsen, Kylie Wyeth, Samantha Borba - Healthy Aging Association, Carmen - California Telephone Access, Ken Hanigan - Commission On Aging, Tiffany Leijten and Linda Lowe - Aging and Veterans Services, Gina Ines - IHSS, Community Services Agency, Tim Stevens - Home Safety Services, Ouralia Delgado and Cindy - Vintage Faire Nursing and Rehabilitation, Liliana Altamirano - DRAIL, Denise Davis - Alzheimer's Association, Angela Swanson - Modesto Area Express (MAX), Channa King - Society for Disabilities, Dr. Bob McGrew - HAA Board of Directors.

Facilitator:

Samantha Borba, Healthy Aging Association

Agenda Item	Discussion	Outcome/Action
Welcome and Introductions	<i>Samantha facilitated introductions. Participants introduced themselves.</i>	

New Business		
Master Plan for Aging Event	Briefly reviewed goals for the Master Plan for Aging and discussed the Master Plan for Aging Playbook. On March 10 th (1pm-3pm), the SCAN Foundation will meet about Master Plan's Local Playbook to enable Regional Coalitions to take on a leadership role in local planning, action, and engagement. The Local Playbook will help when planning the SCSC Master Plan for Aging event.	mpa.aging.ca.gov/localplaybook Regional Coalition Members can register here: https://ki.regfox.com/master-plan-for-aging-local-playbook
Advocacy Day	The California Collaborative for Long Term Services and Supports (CCLTSS) is looking to partner with California State Legislator (CSL) for Senior Rally Day. They are still in the planning stages and the date is TBA.	Contact Dianna
A Matter of Balance Virtual (MOB-V) Translation	Healthy Aging Association (HAA) now has 2 Master Trainers who are trained in the virtual translation of A Matter of Balance (MOB-V). They will be offering classes on Zoom beginning in March. MOB-V is a cognitive restructuring class that focuses on older adults fear of falling and preventing falls in the home and community.	www.healthyagingassociation.org/
SCSC Website and Social Media	The SCSC website has the Agenda and Minutes available. We encourage you to check out the website and social media to see what information we have available and what information could be added. If you want the Senior Coalition to share something your organization is promoting/offering, we will share the information and resources.	seniorcoalitionofstanislaus.org www.facebook.com/seniorcoalitionsc/

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Old Business		
Fall Prevention Resources	<p><i>Dignity at Home</i> – 28 home assessments completed, 32 older adults and those with disabilities served. Fall prevention equipment such as grab bars, hand held showers, night nights, etc have been installed. Scheduling Fall Prevention presentations to the community if your organization would like a presentation.</p> <p><i>Zoom Fitness Classes</i> – Exercise classes 2 times a week. Young at Heart Strength Training and Tai Chi for Arthritis and Fall Prevention.</p> <p><i>Age with Movement</i> - This virtual event will be on May 18 - 21, 2021. This virtual event will include distribution locations throughout Stanislaus County along with virtual components - Aerobics videos, line dancing, tai chi, etc. This event is to distribute information to help older adults live a healthy life and be physically active. Discussed how to become a major sponsor, participate in the event and/r donate raffle items. We are also looking for volunteers to help stuff the bags the 2 weeks prior to the event.</p>	<p>Contact Senior Information Line to be pre-screened (209)558-8698</p> <p>Contact Healthy Aging Assoc. (209)525-4670. https://www.healthyagingassociation.org/age-with-movement-celebration.html</p>

Other Business	Discussion	Outcome/Action
COVID Vaccine Update	Stanislaus County COVID-19 Vaccine Clinic schedules are updated on Sundays. There will be a new vaccine clinic by Stanislaus County, in partnership with Optum Serve at the Neighborhood Center at Marshall Park in West Modesto.	www.schsa.org/coronavirus/vaccine https://myturn.ca.gov/ or call 1-833-422-4255

Agency Sharing:

- Tiffany Leijten and Linda Lowe - Aging and Veterans Services – Senior Awards are older adults nominated in the community. SOS (Serving Our Seniors) meeting coming up on March 1st. Area Plan Meeting on March 8th.
- Gina Ines – IHSS – Distributing PPE to those who need it. Looking for new members for the IHSS advisory committee.
- Liliana Altamirano – DRAIL – Support groups and resources available. Call 521-7260 for assistive technology equipment in the home.
- Denise Davis – Alzheimer’s Association – Support groups available.
- Angela Swanson – MAX – New transit agency effective July – Stan Regional Transit Authority

Next Virtual Meeting:

March 23, 2021

2:30 p.m.