#### Benefits to Coalition Members

- The coalition provides an opportunity to interact with others who are committed to addressing serious public health issues.
- By working together and supporting one another, we can enhance our individual efforts and have a greater impact in the community.
- By coordinating our efforts, we will avoid duplication and "reinventing the wheel."
- As a coalition with a strong membership that is focused on the problem, we are more likely to be able to sustain our efforts and attract future funding.

#### **Expectation for Members**

- Actively participate in monthly coalition meetings with 70% meeting attendance.
- Be willing to commit, to the degree possible, her/his organization's resources to support the coalition and its activities.

The Senior Coalition of Stanislaus County is supported in part by a grant from The SCAN Foundation—advancing a coordinated and easily navigated system of high-quality services for older adults and people with disabilities that preserve dignity and independence. For more information, visit www.TheSCANfoundation.org



## Join Us

The Senior Coalition of Stanislaus County meets every fourth Tuesday of the month from 2:30-4:00 pm at 3500 Coffee Road, Suite 19 Modesto, CA 95355

Call-in option is available.

# Contact Us

(209) 525-4670 seniorcoalitionsc@gmail.com

Visit us on the web for meeting calendar, monthly agenda and minutes: www.seniorcoalitionofstanislaus.org Senior Coalition of Stanislaus County

Overview and Member Guidelines

## Mission

To enhance physical, mental, and social well-being, while reducing fall risk for seniors and persons with disabilities in Stanislaus County, in a collaborative community effort through advocacy, education, coordinated services and best practices for independence



#### How It Began



In 2007, the collaboration was originally called the Senior Fall Prevention Coalition. The focus was on issues around

Fall Prevention for seniors and persons with disabilities in Stanislaus County. In 2012, the Coalition expanded the priorities to include issues around Long Term Services and Supports Systems (LTSS) and changed the name to the Senior Coalition of Stanislaus County. Currently, The Senior Coalition is comprised of 39 individuals representing 34 organizations. The groups is working collaboratively to provide education and leadership to create awareness of senior issues around Fall Prevention and Long Term Services and Supports Systems in Stanislaus County. LTSS help older adults and people with disabilities accomplish everyday tasks such as bathing, dressing, preparing a meal, or managing money. These services include health and social services that may be needed to maximize the independence and well-being of an individual.



# Challenges

- In 2015, the 60+ population located in Stanislaus County grew by 3.4 % to approximately 97,100 persons.
- 40% of the 65+ population are economically insecure as measured by the Elder Economic Security Index.
- In 15 years, as California's Baby Boom generation reaches retirement age, the over-65 population is expected to be 87% higher than in 2012, an increase of more than four million people.

Because many older adults and people with disabilities choose to live independently and engage in their community for as long as possible, foresight and collaboration is needed to create appropriate supportive services to accomplish a high quality of life.

## Trending Forward

- Expand coalition membership, thereby strengthening its ability to address fall prevention issues and long term care integration.
- Implement the strategic plan that includes recommendations to guide improvements in the organization, availability and financing of LTSS
- Continue to raise awareness of fall prevention resources available in the community
- Conduct and coordinate fall prevention activities through Annual Healthy Aging & Fall Prevention Summit
- Build an infrastructure that will sustain the work of the coalition.
- Improve the Coalition's ability for social action in Stanislaus County – specifically focused on policy issues around a high-quality, cost effective system of LTSS
- Commitment to making Stanislaus County a livable community for all of us as we age.

