

# The Face of Older Adults

## Stanislaus County 2022

The report “The Challenges of California’s Aging Population” states: California is home to a rapidly growing diverse aging and persons with disabilities population, many of whom are expected to have serious service needs in the years to come because of rising rates of poverty, food insecurity, and inadequate housing.

- California is the state with the highest percentage of seniors living in poverty.
- 40% of seniors do not have income to meet basic needs.
- 16.3% of Californians over age 60 are food insecure.
- More than 1 in 5 low-income Californians over age 65 cannot afford to put food on the table.

Nearly 45% of the 65 + population are economically insecure as measured by the Elder Economic Security Index (Elder Index). Included in the Elder Index estimates are the local costs of housing (rent or own), transportation, food, health care and miscellaneous needs, according to household size & health status.

Estimated income needed for a Stanislaus County resident living alone, rents, & is in good health:

- \$2,272/month or \$27,504/year.

Estimated income needed for a Stanislaus County couple who rents, & is in good health:

- \$3,153/month or \$37,836/year.

For persons 60+ in the County:

- 11.4% receive < 100% of the Federal Poverty Level-\$1,073/month for a single person, \$1,452 for a 2-person household.
- 9.4% receive 100-149% of the FPL-\$1,599 for one person, \$2,163 for a couple.
- 11.1% receive Supplementary Security Income at \$10,063/year or \$839/month.

The Stanislaus County Area Plan Update for 2022/2023, based on estimates from the California Department of Finance and the California Department of Aging, shows the Stanislaus County population at 547,899.

The 60+ Senior Population	117,534	21.5% of County population
MediCal Eligible Seniors (low income)	27,288	23.2% of Seniors
Minority Seniors	66,820	56.85% of Seniors

Social Security Benefits make up 80% of income for more than half of California seniors. The mean Social Security benefit in 2019 was \$19,567/year, or \$1,631/month in Stanislaus County.

## **Caregiving**

Stanislaus County IHSS Caseload > 7,500  
Stanislaus County IHSS Providers > 6,000  
Stanislaus County average number of new applications monthly:  
2019 – 264  
2020 – 214  
2021 – 216 (Jan – Apr)  
Statewide program growth is 3% annually

## **Housing**

According to the Master Plan for Aging released in January 2021, the number of subsidized housing units in Stanislaus County was 80.3 per 10,000. This total includes units for all ages-adults, families and older adults.

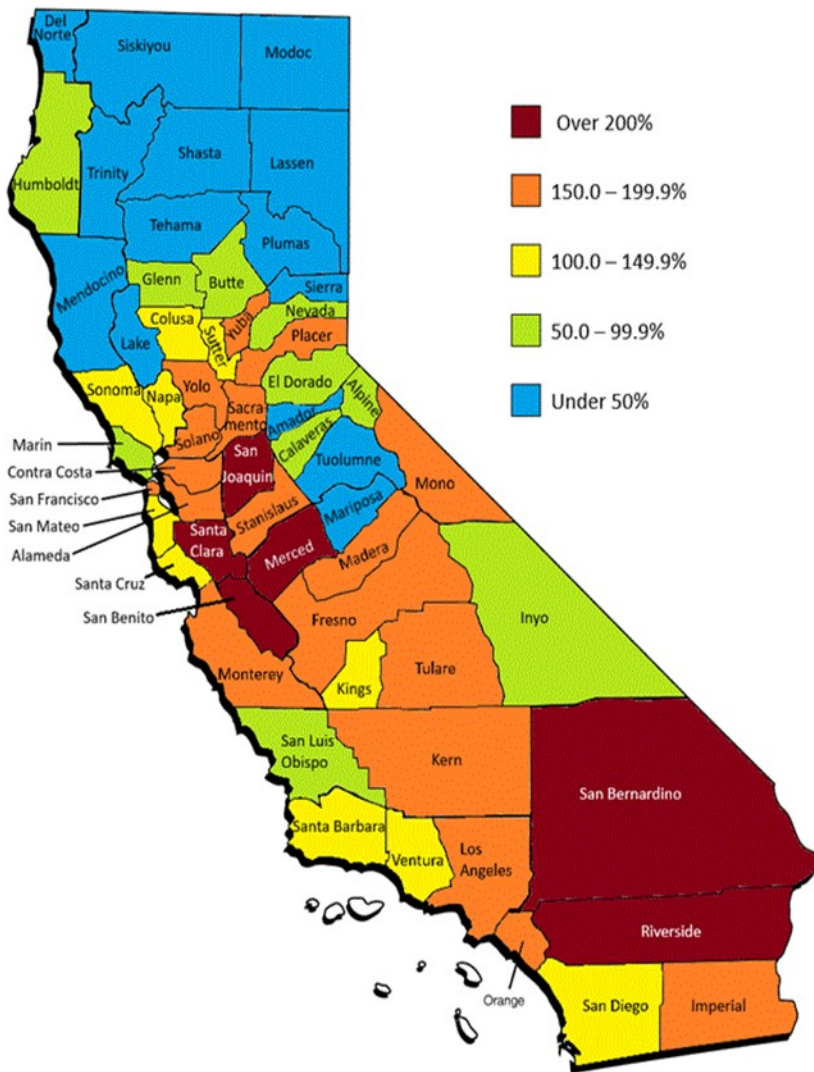
Stanislaus County Affordable Senior Apartments-29 complexes - 11 accept only the HUD Section 8 “Choice Voucher”; 18 accept 30% of resident’s income for rent. Currently 2-3 year wait for affordable housing.

According to the 2/21/2022 *Modesto Bee*, the average rent in Modesto is \$1,525/month, a 8.7% increase in a year. A two-bedroom apartment had an average rent price of \$1,817/month, a 20% increase in a year. The data reported in March 2021 showed that only 6% of rental housing in Modesto was below \$1,000/month. For over 21,000 older adults (over 20%) who receive less than \$19,188 per year, the cost of rent is unaffordable. Increasing numbers of older adults forced out of their homes due to many factors are experiencing homelessness.

### **Senior Information Line Housing List Inquiries:**

2018-351 calls-29/month  
2019-432 calls-36/month  
2020-468 calls-39/month  
Jan 2021-May 2021-223 calls-45/mon

\*Note: Some data identifies “senior” as 60+ and some as 65+.



Estimated Increase of 60+ Population Stanislaus County-156% by 2060  
 2010 60+ Population-77,543  
 2030 Estimated 60+ Population – 142,096-83% Increase

References:

[www.aging.ca.gov/MasterPlanforAging](http://www.aging.ca.gov/MasterPlanforAging)

[www.aging.ca.gov/data](http://www.aging.ca.gov/data)

[www.data.census.gov](http://www.data.census.gov) Measuring America’s People, Places and Economy

California State Plan on Aging, 2017-2021